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## REFLEXOLOGY NEW PATIENT QUESTIONNAIRE

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
(Last) (First)

Address: \_\_\_\_\_  
(Street) (City)  
\_\_\_\_\_  
(Province) (Postal Code)

Phone: Home (\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_  
(Day / Month / Year)

Birth Place: \_\_\_\_\_ Weight: \_\_\_\_\_

Gender: M or F (Please Circle) # of children: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_  
(Name) (Relationship) (Phone)

Family physician: \_\_\_\_\_ Referred by: \_\_\_\_\_

What is your primary goal in having a reflexology treatment?

\_\_\_\_\_  
\_\_\_\_\_

Do you have any chronic illness or concerns? Yes No

If yes, please specify: \_\_\_\_\_

### CURRENT MEDICATIONS:

Medication

Condition

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

# HEALTH HISTORY

Please check any conditions you are currently experiencing or have experienced in the past.

P= Previous Ailment    C= Current Ailment

**P C HEAD & NECK**

- Vision problems
- Eyeglasses/cont. lenses
- Earaches
- Sinus

**P C OTHER**

- Digestion difficulty
- Constipation
- Liver
- Kidney
- Bladder
- Gallbladder
- Diabetes, Type \_\_\_
- Insomnia
- Epilepsy
- Cancer
- Arthritis

Doctor diagnosed: Yes/No

**P C INFECTIONS**

- Herpes
- Hepatitis
- Tuberculosis
- HIV/AIDS

Other: \_\_\_\_\_

**P C RESPIRATORY**

- Chronic cough
- Smoking
- Shortness of breath
- Breathing problems

Explain: \_\_\_\_\_

**P C JOINT/MUSCLE PAIN**

- Neck
- Shoulder L/R
- Upper Back
- Mid Back
- Low Back
- Hip L/R
- Leg L/R
- Knee L/R
- Foot L/R

Any previous dislocations? Y/N

**P C SKIN**

- Loss of sensation
- Bruise easily
- Allergies
- Skin conditions

What? \_\_\_\_\_

**P C CARDIOVASCULAR**

- High blood pressure
- Low blood pressure
- Poor circulation
- Heart disease
- Phlebitis
- Stroke
- Varicose Veins

Doctor diagnosed: Yes/No

**P C WOMEN ONLY**

**Are You Pregnant?**      Yes    No

- Menstruation problems
- Breast discomfort
- Caesarian section
- Gynecological surgery

Date: \_\_\_\_\_

# of Pregnancies \_\_\_\_\_

# of Children \_\_\_\_\_

**SURGERY:**

Type: \_\_\_\_\_

Date: \_\_\_\_\_

Details: \_\_\_\_\_

**INJURY (SPRAINS, FRACTURES, ETC):**

Type: \_\_\_\_\_

Date: \_\_\_\_\_

Details \_\_\_\_\_



**Please note:** Your appointment time is your treatment time. **Please cancel appointments no less than 24 hours prior or a full fee will be charged.** The same applies for missed appointments.

## INFORMED CONSENT: REFLEXOLOGY

### PLEASE READ THE FOLLOWING AND SIGN BELOW

I certify that the attached information is correct to the best of my knowledge. I acknowledge that Leslie Martin has my permission to provide the service of Reflexology to me. I understand that I may refuse treatment at any time and I have been informed of risks, if any involved in this type of treatment.

I acknowledge that Leslie Martin is not a medical doctor or medical practitioner and therefore I take full responsibility and release Leslie from liability with respect to any advice or treatment/care, which I may follow. I understand that reflexology is not for the purpose of diagnosing and does not take the place of a doctor's care.

I have read the above consent. I have also had the opportunity to ask questions about its consent and by signing below, I agree to the above named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

**Privacy Policy:** Please review the attached **Privacy Policy Overview**. This policy has been written with the guidelines set out by the Privacy Commissioner of Canada. (Personal Information Protection and Electronic Documents Act).

\_\_\_\_\_  
Patient name (print)

\_\_\_\_\_  
Signature of Patient or Legal Guardian

\_\_\_\_\_  
Therapist Signature

\_\_\_\_\_  
Date